

Choosing wedding flowers

When you finally found that special someone (most likely after years of dodgy dates and kissing a few too many frogs!), there's no better way to tell the world just how much you're madly in love with each other than a beautiful, **romantic** wedding day. That being said, whilst weddings are a wonderful occasion for friends and family to put their glad rags on and celebrate the union of their friends or loved ones, it's a well known fact that the lead up to the big day can be so stressful it's little short of traumatic! Not only are there the big things to take care of – the church, the reception, the dress – but there are also thousands of little details to be arranged, including everything from the font on the wedding invitation to what colour ribbon the flower girls will wear in their hair.

Regardless of the wedding location, the colour of the dress (if indeed there is a dress at all!), the choice of music and everything else, something all wedding ceremonies have in common is flowers. As nature's most beautiful offering and symbolic representation of new life and fertility, flowers have always traditionally been used to decorate the place where the wedding ceremony takes place, whether that be a church, a stately home, or a beach in the Bahamas, as well as being carried by the bride and bridesmaids and worn by members of the wedding party.

One important factor to take into consideration when choosing flowers for your wedding day is which flowers will be in season at that time. Not only will the flowers that are in season be more readily available and thus easier to obtain, they also look extremely tasteful and elegant; you'd look a bit silly holding sunflowers or tulips in November, for example, but ivy, snowy roses and a little holly can look both sophisticated and classy at a winter wedding. Another bonus of doing a little homework and finding out which flowers are in season is that they are less expensive, as they do not need to be imported or grown in specially constructed greenhouses.



The colour of the flowers you choose is also something to be taken into careful consideration. Whether or not irises are your favourite blooms, the fact remains that they simply aren't going to look appropriate if your bridesmaids are wearing coral coloured dresses. A good idea is to ask a friendly florist about which flowers are available with which colours and if you take a sample of the material the dresses are made from, they'll be able to do an even better job of matching the flowers so they fit in perfectly with the overall colour scheme of the wedding.

If you're a fashionista at heart, you might also want to consider the latest trends in the bride's bouquet. In recent years, one bouquet trend that has become increasingly popular is small, compact yet sophisticated arrangements of flowers that make a beautiful accompaniment to wedding dresses that are simple and elegant. Alternatively, wedding bouquets are traditionally white, but bouquets made up of bright and bold flowers are more popular than ever. Many brides are now opting to carry a few large stems of exotic flowers rather than holding a traditionally shaped bouquet and a move towards including produce such as small fruits, herbs, berries and grasses in wedding bouquets is becoming increasingly popular. Lastly, many brides are now looking at galleries of wedding [flowers online](#) a great way to gain inspiration for your own bouquet.